

Download Soul Stories From The Street A Meditative Journey

AllMusic Review by Johnny Loftus. Search for the Soul has more focus than the hundreds (thousands?) of new age relaxation and meditation compilations out there. It works a mild, light-headed sort of groove like the majority of these collections do; however, its mix of soundtrack music, gentle electronica, contemporary instrumental,...That may be supporting you in your intentions for the next phase of your journey, guiding you into better health or new habits and routines, or a gentle reminder of your Soul's magnificence. Those personalized meditations are a joy to create and to receive! Learn more about a 2018 Personalized Meditation and an Energy Cleanse (meditation).Through soul writing and meditation, you learn how to tune into your soul's voice and express it through storytelling – whether for novels, memoir, business brand story, blogs or journaling. Soul Writing is an invitation to awaken your intuition, ignite your unique imagination, give voice to your fullest expression and explore writing as a spiritual practice.This is a great 15+ minute daily practice meditation that you can easily adjust once you're comfortable with the steps... and then make it your own and turn off my voice guiding you! Chakra Magic It's a new way to play with moving energy through your chakras!